CULTURAL ACTIVITIES



COSTA DAURADA



Tarragona



The legacy of Roman Tarragona is the classic appeal of the city.

Have a pleasant walk and discover the most emblematic buildings of Roman Tarraco, which, in the year 2000, deserved the distinction of being included in the World Heritage List by the UNESCO.



The most important places to be visited are the walls, the amphitheater, the Circus, the National Archaeological Museum. The Cathedral is the most prominent monument. The visit of those monuments provides better understanding of the Roman society, as as well the relationship that was established between them









The Gaudí Centre Reus is a tribute by the town of his birth to its most famous son. It is the only interpretive centre that deals with the life and works of Gaudí. It is a new facility equipped with the most modern infrastructure and the latest in audiovisual technology, created to open up your senses and mind to new experiences. You'll learn to observe, touch and listen in a different way.

In addition to getting to know about the Gaudí Centre, we offer the possibility of discovering the splendor and wealth of the Catalan Modernist heritage of Reus, the second most important in Catalonia.



Plaça General Prim Plaza General Prim

Plaça Mercadal, Ajuntament





Institut Pere Mata Instituto Pere Mata



The Cistercian Route is an expression that identifies a particular territory consists of the counties of Alt Camp, Conca de Barberà and Urgell and its 65 municipalities.

Its name comes from the artistic and cultural heritage of each of these counties has a Cistercian monastery: Santes Creus, Poblet and Vallbona de les Monges. The three Cistercian monasteries are the bait of the Cistercian Route but the brand goes beyond the monasteries, their monumentality and sobriety, as he discovered some counties with traditions, a wealth of landscapes....





TRADITIONAL ACTIVITIES



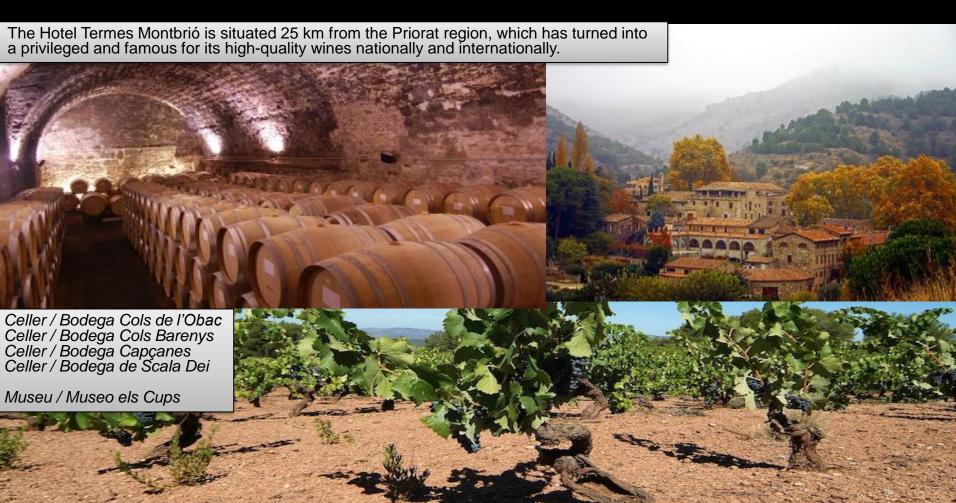
PRIORAT

To enjoy the colors of wine, a tasting or just to enjoy the scenery of the wine, the route of the Priorat wineries propose to visit different wineries DOC Priorat and Montsant, where you can enjoy wines of high quality and personality produced in this region.



CATES DE VINS I VISITES CELLERS





COOPERATIVA MODERNISTA A FALSET – MARÇÀ COOPERATIVA MODERNISTA EN FALSET – MARÇÀ





The experience departs from l'Ametlla de Mar on board a modern and innovative catamaran exclusively designed for the maximum comfort and safety.

The uniquely beautiful coastal landscape of Costa Dorada and the Delta del Ebro will accompany you for the entire voyage to the Balfegó Bluefin Tuna pools, located 2.5 nautical miles (almost 5 kilometers) from the coast.

Once you have moored at the pools, a professional from the staff will explain the process of what will possibly be one of the best adventures in your life: Swimming surrounded by hundreds of Mediterranean Bluefin tuna.

During the voyage, you will discover the history and fishing techniques of the giant tuna a with a especially created audio-visual presentation and on the way back you will see a video documentary on the process of commercialization of the Bluefin tuna in Balfegó through traceability.

Finally, arriving at the power, you will be able to enjoy one of the most highly appreciated gastronomic pleasures in the world



SPORTS ACTIVITIES



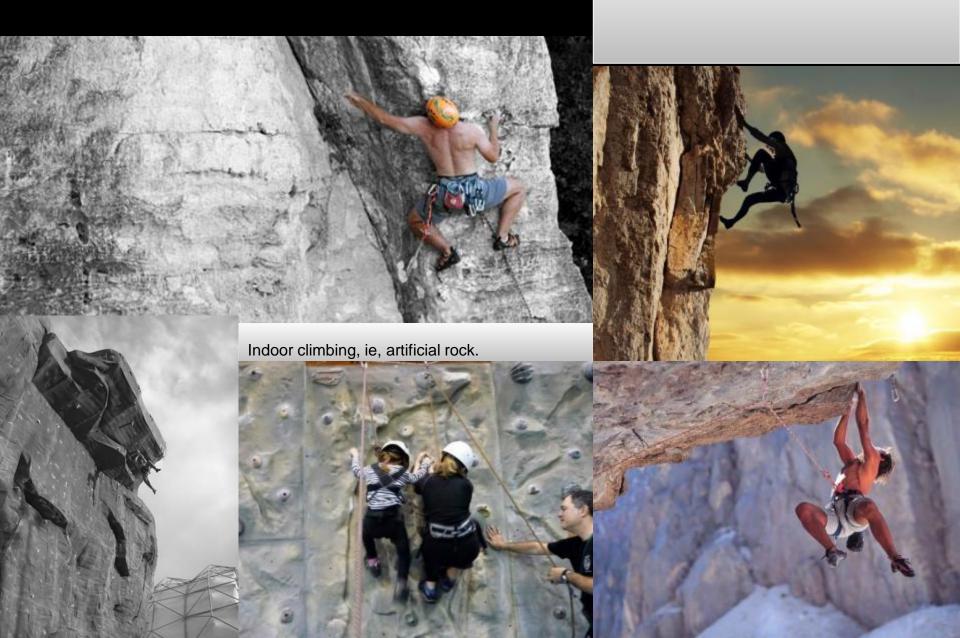
C O S T A D A U R A D A





MUNTANYES DE PRADES

Natural rock climbing, the participants will enjoy new experiences, skills and knowledge.

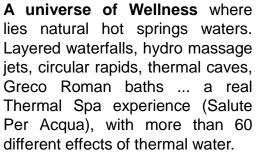


WELLNESS ACTIVITIES



COSTA DAURADA











Unlike other Spas, our thermal waters are of natural ot spring waters and have in its composition elements that develop therapeutic actions which principal aim is to improve the quality of life of our clients.



